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Waist To Hip Ratio Calculator Free

This Excel template calculates the ratio between the waist and the hip. Based on the result, it places the user into one of 4 categories: low, moderate, high and very high risk of health problems. This Excel template contains 1. Detailed instructions 2. 4 worksheets 3. Classifications 4. Borders Based on the information provided by the user, the user is classified into one of 4 categories. The user can then view their classification and the calculation is saved in the Excel file. This Excel template contains 1. 4 worksheets, with titles and headings as follows: 2. Classifications 3. Borders The user is presented with 4 worksheets and 4 classifications; 2. Classifications (up to 4 entries) Are you at risk for a health problem? What is the risk? For Women: Low Risk Moderate Risk High Risk Very High Risk For Men: Low Risk Moderate Risk High Risk Very High Risk 3. Borders This Excel template contains 1. Detailed instructions 2. 4 worksheets 3. Classifications 4. Borders Based on the information provided by the user, the user is classified into one of 4 categories. The user can then view their classification and the calculation is saved in the Excel file. This Excel template contains 1. 4 worksheets, with titles and headings as follows: 2. Classifications (up to 4 entries) Are you at risk for a health problem? What is the risk? For Women: Low Risk Moderate Risk High Risk Very High Risk For Men: Low Risk Moderate Risk High Risk Very High Risk 4. Borders This Excel template contains 1. Detailed instructions 2. 4 worksheets 3. Classifications 4. Borders Based on the information provided by the user, the user is classified into one of 4 categories. The user can then view their classification and the calculation is saved in the Excel file. This Excel template contains 1. 4 worksheets, with titles and headings as follows: 2. Classifications (up to 4 entries) Are you at risk for a health problem? What is the risk? For Women: Low Risk Moderate

Waist To Hip Ratio Calculator Crack + Free (2022)

It is a simple calculator to measure your waist to hip ratio with high accuracy and precision. When you enter your age, gender and waist size, the calculator will show you the calculator result in just a few seconds. If you are a man, then you need to measure your waist to hip ratio. If you are a woman, you can also measure your waist to hip ratio by yourself. Waist to Hip Ratio Calculator Features: - You can calculate your waist to hip ratio by yourself - It takes just 2 minutes to calculate - It uses the latest technology to calculate Waist to Hip Ratio Calculator Usage: Enter your age, gender, and waist size into the formula, then click "calculate". The calculator displays your waist to hip ratio in the results. This Excel template will allow you to easily calculate your waist to hip ratio. The ratio is applied both to women and men. It is calculated by measuring the smaller circumference of the waist, usually just above the belly button, and dividing by the hip circumference at its widest part of the buttocks or hip. You can classify your health risk based on its result. Studies show that WHR value 0.7 for women and 0.9 for men correlate with general health and fertility. Waist to Hip Ratio Calculator Description: It is a simple calculator to measure your waist to hip ratio with high accuracy and precision. When you enter your age, gender and waist size, the calculator will show you the calculator result in just a few seconds. If you are a man, then you need to measure your waist to hip ratio. If you are a woman, you can also measure your waist to hip ratio by yourself. Waist to Hip Ratio Calculator Features: - You can calculate your waist to hip ratio by yourself - It takes just 2 minutes to calculate - It uses the latest technology to calculate Waist to Hip Ratio Calculator Usage: Enter your age, gender, and waist size into the formula, then click "calculate". The calculator displays your waist to hip ratio in the results. This Excel template will allow you to easily calculate your waist to hip ratio. The ratio is applied both to women and men. It is calculated by measuring the smaller circumference of the waist, usually just above the belly button, and dividing by the hip circumference at its widest part of the buttocks or hip. You can classify your health risk based 6a5afdab4c

Waist To Hip Ratio Calculator Product Key For Windows

The Waist to Hip Ratio Calculator is a simple and smart Excel template that will assist you in calculating your WHR. The form provided will allow you to calculate your waist and hip measurements. You can use the form to calculate the hip diameter, waist diameter, waist and hip circumference by yourself. Features: 1. This Excel template is very easy to use. Just fill in the Waist and Hip measurements and it will automatically calculate your waist to hip ratio and display it on a chart. 2. The waist and hip circumferences can be measured on themselves or on a partner. Both can be used when you want to calculate your waist to hip ratio. 3. This Excel template is also capable of calculating other metrics. It may also be used to calculate your waist and hip circumference in millimeters, inches, or centimeters. 4. This Excel template can also be used to calculate your Body Mass Index. 5. A clear and simple table is provided for you to look up any of the values you need to calculate WHR. 6. All values are automatically calculated and your results are displayed on the chart. 7. A link to add the WHR chart to an e-mail and send the chart as a .png document to your contact. 8. The formula used by this Excel template is based on Toh Stenhaus' reference work, Body Measurement: All formulas used in the template are based on his formulas. 9. The formula can be modified by any professional Excel spreadsheet coder who knows how to modify formulas. 10. After downloading this Excel template, you can use it to calculate your waist to hip ratio with a simple click of the mouse. License: The Waist to Hip Ratio Calculator is a freeware with a freeware licence. Please feel free to use it with a credit to the original author, (Toh Stenhaus) with a link to our site. Download: The Waist to Hip Ratio Calculator is available as .xls and .csv formats. You can download the template from our free download section on this site. Read before you download: Instructions I have done my very best to explain every thing that is needed to be done, for you to download the file(s). So don't hesitate to use the template. You might also be interested in downloading the Waist to Hip Ratio Calculator. It has all the same features as this template. FAQ Q

What's New in the Waist To Hip Ratio Calculator?

It's simple to calculate your waist-hip ratio, that's a measurement based on the proportion of your waist to your hip circumference. Why you need this calculator? There is a strong correlation between the body fat distribution in women and men and the risk of serious health conditions, especially heart disease and diabetes. The World Health Organization recommends that the waist-to-hip ratio (WHR) be used to classify a person's risk of developing heart disease. The WHR is the ratio between the waist and hip circumference. For any one person, the ideal waist-to-hip ratio (WHR) is 0.7 for women and 0.9 for men. These ratios, first calculated by Gino Germani, the director of the Coronary Risk Factor Study, are based on the waist circumference being about 17.5 cm (about 6 in) below the bottom of the hip bones (in the male waist), and a hip circumference of about 50 cm (about 19 in) for a woman and about 44.5 cm (about 17 in) for a man. But ratios as 0.7 or 0.9 are ideal, not 6 in (17.5 cm) or 19 in (50 cm). The real measurement is the difference between waist and hip circumference. If the abdomen (belly) is smaller than the hips, then the waist to hip ratio is called WHR= waist circumference/ hip circumference. Or, if the hips are smaller than the belly, then the waist/ hip ratio is called WHR = hip circumference/ abdomen circumference or Belly belly/ waist circumference ratio. In other words, the waist to hip ratio is best calculated in cm. The new formulas are only precise by the 0.1cm and they are all in cm. While the WHR can indicate problems and help determine a person's risk of serious health conditions, the waist circumference is a better indicator of those problems. While it is true that the WHR is a better predictor of health problems, it is not the only thing that contributes to those problems. If you're in pretty good shape, you could have a waist circumference that puts you into the high risk category even though your WHR isn't high. Because of this, calculating WHR is not the only thing that people consider to determine a person's health risk. So, the calculation of

System Requirements:

Minimum Requirements: OS: Microsoft Windows® 7, Windows® 8, Windows® 8.1, Windows® 10, Windows Server® 2012, Windows Server® 2016, Windows Server® 2019 Recommended Requirements: Technical requirements: Specification: High Definition Streaming Spec

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